

<p>Fun <i>This is the day the Lord has made, let us rejoice and be glad in it. Ps 118:24</i></p>	<p>What does FUN mean to you? How does FUN play out in your life and marriage?</p>	
<p>Fitness</p> <p>Mental <i>Instruct a wise man and he will be wiser still. Teach a righteous man and he will add to his learning. Prov 9:9</i></p> <p>Physical <i>...your body is a temple of the Holy Spirit who is in you...you are not your own. You were bought at a price. Therefore honor God with your body. 1 Co 6:19.....</i></p>	<p>What are you doing to continue to grow? What are you learning right now? What new information is of interest to you?</p> <p>Are you eating mindfully? What physical exercise are you involved in right now? What activity energizes you regarding care of your body? How great is your focus on your health?</p>	
<p>Focus on Career <i>Whatever you do, work at it with all your heart as working for the Lord, not for man. Col 3:23</i></p>	<p>How content are you in your career? Are you doing work that is meaningful? Do you feel valued and appreciated?</p>	
<p>Finances <i>Honor the Lord with your wealth... Proverbs 5:10</i></p>	<p>How are you doing financially? Are you planning for your future? Is tithing part of your financial plan?</p>	
<p>Free Gifts <i>...freely you have received, freely give. Matt 10:8</i></p>	<p>How do you give yourself away? Where do you volunteer your time, talent, and treasures?</p>	



Adventure: To engage in an exciting activity, especially the exploration of unknown territory